

GERT – Gerontology

GERT 1000 - Understanding the Gerontological Client
2.000 Credits

Prerequisites: Regular Status

This course provides a description of the aging client in the aging services network, as well as an examination of sociological, psychological, and biological aspects of aging.

GERT 1020 - Behavioral Aspects of Aging
2.000 Credits

Prerequisites: Regular Status

This course addresses behavioral health issues associated with aging, including psycho-social impact of cultural and cohort influences; a discussion of prevention, diagnosis, assessment, and intervention; as well as an examination of pertinent legislation.

GERT 1030 - Gerontological Nutrition
1.000 Credits

Prerequisites: Regular Status

This course provides a study of the nutritional needs of the individual, including older adults. Topics include nutrients, standard and modified diets, nutrition throughout the lifespan, and client education.