

## **ESTH – Esthetician**

**ESTH 1000 - Introduction to Esthetics**  
3.000 Credits

Prerequisites: Regular Status

Introduces the fundamental theory and practices of the Professional Esthetician. Emphasis will be placed on professional practices and safety. Topics include state and local laws, rules and regulations, professional image, history of the skin, care and use of cosmetics, bacteriology, sterilization and sanitation, chemistry for estheticians, ingredients and product analysis, and hazardous duty standards act.

**ESTH 1010 - Anatomy and Physiology of the Skin**  
3.000 Credits

Prerequisites: ESTH 1000

Introduction to anatomy and physiology; disorders of the skin and nutrition and health of the skin. Topics include cells/tissues/organs, skeletal system, muscular system, nervous system, circulatory system, endocrine system, excretory system, respiration system, digestive system, structure of the skin, disorders of the skin, and nutrition and health of the skin.

**ESTH 1020 - Skin Care Procedures**  
4.000 Credits

Introduces the theory, procedures, and products used in the care and treatment of the skin. Topics include client consultation and preparation, cleansing the skin, techniques for professional massage, facial treatments and body treatments, aromatherapy, body wraps, reflexology, and airborne and blood borne pathogens and OSHA updates.

**ESTH 1030 – Electricity and Facial Treatments with Machines**  
5.000 Credits

Provides instruction on and application of techniques and theory in the treatment of the skin. Topics include skin analysis equipment, basic skin care products, basic electricity, men's skin care products, post consultation and home care, mechanical versus chemical exfoliations, microdermabrasion, and advanced product types and features.

**ESTH 1040 - Advanced Skin Care**  
3.000 Credits

Provides instruction on and application of techniques and theory in the treatment of the skin. Topics include intrinsic aging, analysis of sensitive skin, treatment for hyperpigmentation, causes of acne, methods of holistic therapy, joining a medical team, and preoperative and postoperative care.

**ESTH 1050 - Color Theory and Makeup**  
4.000 Credits

Provides instruction on and application of techniques and theory in the treatment of the skin. Topics include morphology of hair, hair removal, sanitation, eyebrow shaping, waxing, ingrown hair service, color theory, face proportions and shape, choosing and using makeup products, makeup tools, basic makeup application, camouflage therapy, and medical application.

**ESTH 1060 - Esthetics Practicum I**  
4.000 Credits

Prerequisites: ESTH 1000; ESTH 1010; ESTH 1020;  
ESTH 1030; ESTH 1040; ESTH 1050

Provides laboratory experience necessary for the development of skill levels to be a competent esthetician. The allocation of time to the various phases of esthetics is prescribed by the state board of cosmetology. This course includes a portion of the hours for licensure. Topics include body treatments, aromatherapy, reflexology, facials, and hair removal.

**ESTH 1070 - Esthetics Practicum II**  
4.000 Credits

Provides experience for professional development and completion of requirements for state licensure. Emphasis will be placed on the display of conduct and positive attitudes. The requirements for this course will be met in a laboratory setting. Topics include body treatments, aromatherapy, reflexology, facials, and hair removal.