

KNIGHT NEWS

YOUR BI-WEEKLY STUDENT LIFE NEWSLETTER
FRIDAY, AUGUST 14, 2020

A SPECIAL TWO-PAGE ISSUE

WIN PRIZES NEXT WEEK!

WEDNESDAY KNIGHT TRIVIA, BINGO AND VIRTUAL SCAVENGER HUNT
Winners will receive prizes sent to their home! SOMEONE'S GOING TO WIN,
WHY NOT LET IT BE YOU?!? Click the flyers on page two for more information.

PARTICIPATE IN AT LEAST TWO EVENTS

Register yourself with the codes for at least 2 events and get a free T-shirt
mailed to your house!

CHECK OUT THE DETAILS BY GOING HERE:

<https://www.westgatech.edu/student-life/>



See more WOW Events on page 2!

HEALTH AND WELLNESS:

Getting in shape boosts your
health, self-confidence, and
even your studies!



Checkout the link below for tips on
how to make exercise a part of your
daily routine!

<https://www.acmc.edu/top-exercise-tips-for-busy-students/>

Interested in upcoming Health and Wellness Events and Fitness Classes?

Click on the link below to sign up for reminders

<https://forms.gle/PggDZ7FBePu5DsMK6>

WEEKLY WELLNESS TIP:

Maintaining Health and Wellness at College

Whether you are attending classes on campus or learning from home, physical health and well-being must be the top priority for all of us at this time.



Click link below:

<https://www.rtor.org/2020/03/16/maintaining-health-and-wellness-at-college/>

STUDENT ORG SPOTLIGHT:

Did you know that you can become a member of West Georgia Tech's Georgia Student Government Association?

GSGA members are the voice of West Georgia Tech students and vote on behalf of all students for issues brought to the Student Government Association. GSGA is comprised of an executive board (president, vice president, etc.), campus representatives and general members. Students who want to serve on the executive board are required to campaign for slated positions. Any WGTC student can join GSGA. However, the 5 executive board members and the 5 campus representatives are trained ambassadors for the college. These members receive extensive training about the college's history, various departments and much more. Assisting with events such as New Student Orientation means these members can receive scholarships. They can receive up to \$1,000 in scholarship funds throughout the academic year. For more information on how to join visit the GSGA webpage:

<https://www.westgatech.edu/student-life/student-government-association/>



UPCOMING STUDENT ORGANIZATION MEETINGS :

GSGA April 14, 12:30 pm -1:30 pm, [Zoom: 368-095-868](https://www.zoom.us/j/368095868)

SkillsUSA April 14, 11 am -Noon, [Zoom: 840-698-216](https://www.zoom.us/j/840698216)



WGTC CULTURAL CORNER: Check out the Smithsonian National Air & Science Museum - It's sure to cool your jets during this really hot weather!

<https://airandspace.si.edu/exhibitions>

As set forth in its student catalog, West Georgia Technical College does not discriminate on the basis of race, color, creed, national or ethnic origin, sex, religion, disability, age, political affiliation or belief, genetic information, veteran status, or citizenship status (except in those special circumstances permitted or mandated by law). The following persons have been designated to handle inquiries regarding the non-discrimination policies: Equity (Title IX) Coordinator, Dean of Students, 770.755.7839, 200 Campus Drive, Newnan, GA 30263. ADA (Section 504) coordinator is V.P. of Administrative Services, 678.664.0533, 401 Adamson Square, Carrollton, GA 30117.



Weeks of Welcome are Here! Click on any of the flyers below to take you to more info about the events! Each event will have a code associated with it. Make sure you click on the participation link and fill it out before the end of the week to get credit for the ones you've attended. Attend at least **TWO** events and we'll mail you a free WGTC WOW T-shirt!

Monday

West Georgia Technical College
MASK-URADE PARTY

MONDAY, AUG 17, 2020
10 am-noon & 4 pm-6 pm
stop by to get a grab n go bag -
a WGTC mask is included in each bag

LAGRANGE CAMPUS
ROTUNDA LOBBY

COWETA CAMPUS
OUTSIDE BLDG A
BY BOOKSTORE

MURPHY CAMPUS
INSIDE BETWEEN
A & B BLDG

CARROLL CAMPUS
OUTSIDE
STUDENT CENTER

DOUGLAS CAMPUS
OUTSIDE BETWEEN
BLDG A&B

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Tuesday

week of welcome
virtual scavenger hunt:

TO PLAY:

#1: Go to <https://forms.gle/4GdhTivUxvaJazE18>
Answer the 10 questions that relate to the documents from the Virtual Welcome Table

#2: Create a TikTok doing the Say So Challenge (Song by Doja Cat)
Upload your video to the form.

Plug in your Answers & SUBMIT YOUR TikTok by the Deadline to be entered to win!
1st, 2nd and 3rd place winners will be determined by the most correct answers and most creative TikTok

Participate
August 10-18, 2020

Monday, August 10
Noon - Form Opens

Tuesday, August 18
11:59 pm - Form Closes

WEST GEORGIA
TECHNICAL COLLEGE
STUDENT LIFE

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JOIN US FOR
BASICS OF CANNING

AUGUST 18, 2020 6-7 PM
HOSTED BY UGA EXTENSION CARROLL COUNTY

TO REGISTER, EMAIL: VICTORIA TAYLOR
VICTORIA.TAYLOR@UGA.EDU

www.westgatech.edu/HEALTHY-TIPS/

WANT TO CAN JAMS, JELLIES, FRUITS, PICKLES, VEGETABLES, OR SALSA, BUT DON'T KNOW HOW OR NEED A REFRESHER?

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Wednesday

WGTC STUDENT LIFE PRESENTS:
WEDNESDAY KNIGHT TRIVIA

VIRTUAL LIVE TRIVIA WITH GIFT CARD PRIZES!

August 19, 2020
6:30 p.m. (Log on about 6:15 p.m.)

www.westgatech.edu/
WEDNESDAY-NIGHT-TRIVIA/

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Thursday

LET'S PLAY
THURSDAY, AUGUST 20, 2020
NOON

How to Play:

1. Join Student Life's Zoom meeting: [FOR LINK CLICK HERE](#)
2. Follow this link on a separate device: app.bingomaker.com/Free/card
3. Click on **Get a virtual card**
4. Listen to the BINGO caller, click on the numbers if you have them on your virtual board
5. Call out BINGO if you have it, text your name and a photo of your completed card to 708-415-0911 to verify your winning card

LOTS OF COOL PRIZES

T-shirts, Essential Oil Diffusers, Bluetooth Speakers, Tumblers, Earbuds

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JOIN WGTC STUDENT LIFE FOR A
NETFLIX PARTY

THURSDAY, AUGUST 20, 2020
6 PM
MOVIE: MOLLY'S GAME
MOVIE TRAILER:
[HTTPS://YOUTU.BE/VU4UPet8NYC](https://youtu.be/VU4UPet8NYC)

HOW TO JOIN THE PARTY

1. Download Netflix Party to your Google Chrome, by going here: www.netflixparty.com/
2. Add your email to the Party Invite List here: <https://forms.gle/vdprBoWJZdauu6> we'll send you an invite for the PARTY!
3. Log into your Netflix Account by 6 p.m. (you must watch on your computer and have your own Netflix account to participate)

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FALL WEEKS OF WELCOME GIVEAWAYS

Don't forget to register yourself for each event with the event code so that you can win your free t-shirt! forms.gle/PoJyco4WRmKUT9KV8

MADE OF 100% FUN



NO IRONING.

HAND WASHING
REQUIRED.