



FITNESS CENTER RULES

- ① STUDENT, FACULTY AND STAFF ONLY**
- ② USE EQUIPMENT AT YOUR OWN RISK**
- ③ CONSULT A PHYSICIAN BEFORE BEGINNING EXERCISE PROGRAM**
- ④ NO FOOD OR DRINKS (EXCEPT WATER)**
- ⑤ USE EQUIPMENT PROPERLY AND FOLLOW DIRECTIONS CAREFULLY**
- ⑥ PROPER FITNESS ATTIRE IS REQUIRED. NO BOOTS, STREET SHOES, SANDALS, OR BARE FEET.**
- ⑦ PLEASE RETURN ALL EQUIPMENT TO ITS PLACE AND WIPE DOWN MACHINES AFTER USE**
- ⑧ NO ONE UNDER 18 PERMITTED.**

**FITNESS CENTER
IS OPEN DURING REGULAR
CAMPUS HOURS**