

# KNIGHT NEWS

YOUR BI-WEEKLY STUDENT LIFE NEWSLETTER  
FRIDAY, JANUARY 8, 2021

*Welcome back, students!*  
SPRING 2021 WEEK OF WELCOME



It's Welcome Week! We're so excited to have you back in classes! We've got several online activities and events for you! Checking your email will pay off, literally, this semester. Participate and you can win! Check out page 2 for links to more details!

See more WOW Events on page 2!

## HEALTH AND WELLNESS:



### HEALTHY SNACK TIP:

Snacks are a great time to add extra servings of vegetables and fruits to your day. Wash them ahead of time so they are quick and easy to grab when you are hungry!

### Interested in upcoming Health and Wellness Events ?

Click on the link below to sign up for reminders

<https://forms.gle/PggDZ7FBepu5DsMK6>

### WEEKLY WELLNESS TIP:

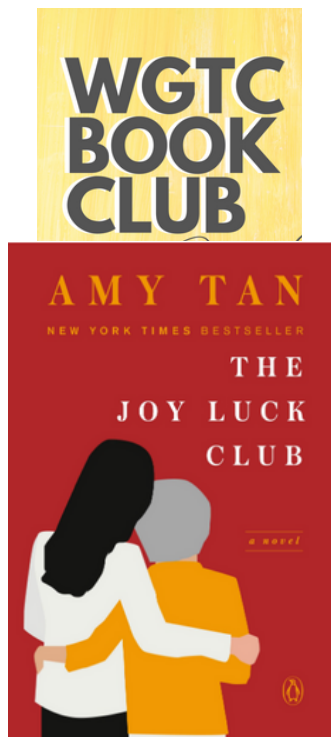
#### 5 Ways To Kick Start Your Productivity In 2021

1. Start a mindfulness meditation practice
2. Give your home office a refresh
3. Buy a physical journal or planner
4. Set a challenging goal outside your professional world
5. Carve out time for networking and professional development, even if you're not on the job search

Click below for more info:

<https://www.forbes.com/sites/ashleystahl/2021/01/04/5-ways-to-kick-start-your-productivity-in-2021/?sh=49f5da3a1e79>

## STUDENT LIFE SPOTLIGHT:



WGTC Student Life Department is excited to introduce a new enrichment activity to our students, faculty and staff. We welcome you to participate in our virtual book club. We will kick off this activity this Spring 2021 semester by focusing on a series of books whose authors are from diverse backgrounds. Students who sign up to participate in the January reading by Tuesday, January 12 will receive a complimentary copy of our featured novel *The Joy Luck Club* by Amy Tan. This novel tells the story of four Chinese American Immigrant families in San Francisco. After reading the book, connect with us on Zoom Thursday, January 28 to discuss.

For more information about the WGTC Book Club including featured books of the Diversity Series and to sign up, click this link: <https://forms.gle/pirYunDJLM9WiGYM7>

### STUDENT ORGANIZATION INFORMATION :

WGTC student organization will resume meeting soon. To find out all about West Georgia Technical College Student Organizations visit: <https://www.westgatech.edu/student-life/student-organizations/>

### WGTC VIRTUAL CORNER:



Fuzzy cuddy animals to make your day! Check out the Cincinnati Zoo's page: <https://www.facebook.com/cincinnati zoo>



As set forth in its student catalog, West Georgia Technical College does not discriminate on the basis of race, color, creed, national or ethnic origin, sex, religion, disability, age, political affiliation or belief, genetic information, veteran status, or citizenship status (except in those special circumstances permitted or mandated by law). The following persons have been designated to handle inquiries regarding the non-discrimination policies: Equity (Title IX) Coordinator, Dean of Students, 770.755.7839, 200 Campus Drive, Newnan, GA 30263. ADA (Section 504) coordinator is V.P. of Administrative Services, 678.664.0533, 401 Adamson Square, Carrollton, GA 30117.

# Welcome back, students!

SPRING 2021 WEEK OF WELCOME

Click on any of the flyers below to take you to the virtual events!

## MONDAY:

**WGTC STUDENT LIFE**

**CHECK YOUR EMAIL CAMPAIGN**

THIS SEMESTER CHECKING YOUR STUDENT EMAIL IS GOING TO PAY OFF, LITERALLY. WE'RE GIVING AWAY PRIZES TOTALING UP TO \$25 FROM AMAZON JUST FOR CHECKING YOUR WGTC STUDENT EMAIL.

**HOW TO PARTICIPATE:**

1. CHECK YOUR STUDENT EMAIL REGULARLY
2. LOOK OUT FOR THE LOGO ABOVE.
3. FOLLOW THE PROMPT.
4. WIN!

QUESTIONS? CONTACT US: STUDENTLIFE@WESTGATECH.EDU

**Welcome Week Virtual Table Resources**

## TUESDAY:

**WEST GEORGIA TECHNICAL COLLEGE STUDENT LIFE PRESENTS**

**Coffee & Convo BYOC**

Bring Your Own Coffee, Tea or Drink of Choice to our virtual conversation about everything Student Life including student organizations, activities and how you can get and stay involved

**How to Join:**  
<https://us02web.zoom.us/j/89554186249?pwd=ZFB3ZkZkZHRhZVotFQZSUHMTlVJZz09>  
**Date:** Tuesday, January 12, 2021  
**Time:** 9:30 a.m.

Participants will receive an electronic \$5 Starbucks Gift Card

**KNOW YOUR WGTC RESOURCES**

Welcome to a new semester! Test your knowledge on the valuable resources available at WGTC with the quiz below and receive a free T-shirt!

**???**

**CLICK BELOW TO START QUIZ:**  
<https://forms.gle/UREFS2CV7CWP8TY58>  
 You must answer all questions correctly to receive t-shirt. Submit your answers by **midnight January 18th**

## WEDNESDAY:

**WGTC STUDENT LIFE PRESENTS**

**ADULTING 101**  
 Because life doesn't come with instructions

JOIN US VIRTUALLY@NOON THE SECOND WEDNESDAY OF EACH MONTH

**WEST GEORGIA TECHNICAL COLLEGE STUDENT LIFE**

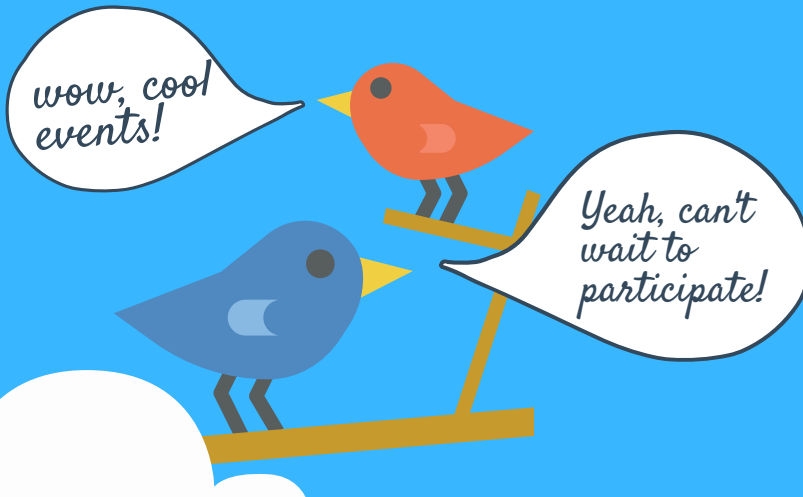
**SIGN UP HERE: <https://forms.gle/YD2NHZ2ER413XTV5>**

**HOW TO BE SUCCESSFUL IN YOUR ONLINE CLASS**

JAN 13 | 10 AM & 4 PM

Is this your first time taking an online course at WGTC? Sign up here to attend: <https://forms.gle/2Z56K30303030303>

**WEST GEORGIA TECHNICAL COLLEGE STUDENT LIFE**



## OTHER ACTIVITIES AND EVENTS COMING UP:

Augusta Technical College · Augusta University · Paine College

**Tri-College Dr. Martin Luther King, Jr. Birthday Celebration**

**JANUARY 15TH, 2021 12:00 PM**

Event will be livestreamed from the Augusta Technical College YouTube and Facebook channels

**Guest Speaker Ambassador Andrew Young**

**WGTC BOOK CLUB**

**Diversity Series**

**BOOK LIST**

JAN	THE JOY LUCK CLUB	DEADLINE: JAN 12TH
FEB	HIDDEN FIGURES	DEADLINE: JAN 25TH
MAR	THE HATE U GIVE	DEADLINE: FEB 25TH
APR	THE SUN IS ALSO A STAR	DEADLINE: MAR 25TH

EVERY MONTH WE'LL READ ONE BOOK & THEN WE'LL DISCUSS AND WATCH THE MOVIE "TOGETHER" (VIRTUALLY OR SOCIALLY DISTANCED IN PERSON). PARTICIPATE & YOU'LL GET TO KEEP THE BOOKS FOR FREE! SIGN UP BY THE DEADLINE ABOVE TO SECURE YOUR SPOT.

**<https://forms.gle/PK7UNDJ4M9VHGM7M>**

**WGTC SWAG DRIVE-THRU**

STOP BY AND GRAB YOUR WGTC SWAG AND INFO! **FEBRUARY 1, 2021**

<b>CARROLL CAMPUS</b> 2-4 PM FRONT ENTRANCE	<b>COWETA CAMPUS</b> 11-1 PM FRONT ENTRANCE BUILDING A
<b>LAGRANGE CAMPUS</b> 2-4 PM MAIN PARKING LOT AREA	<b>MURPHY CAMPUS</b> 11-1 PM FRONT ENTRANCE CONFERENCE CENTER
<b>WEST GEORGIA TECHNICAL COLLEGE STUDENT LIFE</b>	<b>DOUGLAS CAMPUS</b> 11-1 PM BUILDING B PARKING LOT NEAR ENTRANCE

LOOK FOR THE WGTC TEAM STOP BY WHILE