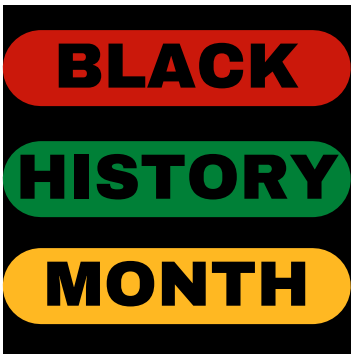


# KNIGHT NEWS

YOUR BI-WEEKLY STUDENT LIFE NEWSLETTER  
FRIDAY, FEBRUARY 5, 2021



Celebrated annually during the month of February, Black History Month commemorates the achievements of African Americans and recognizes their central role in U.S. history. The Black History Month 2021 theme, "Black Family: Representation, Identity and Diversity" explores the African diaspora, and the spread of Black families across the United States. For more history visit: <https://www.history.com/topics/black-history/black-history-month>

## CELEBRATE BLACK HISTORY MONTH VIRTUALLY WITH THESE ACTIVITIES

Watch the livestream performances and at-home footage of the young choir stars filming themselves. The national event is free and will livestream on the choir's Facebook and YouTube pages in addition to their website on February 25th at 7pm CST (8 pm EST).

Google Arts and Culture is offering online exhibits, and virtual tours, including more than 200 curated digital stories. Among the featured exhibits are the Civil Rights Movement Exhibit; Fredrick Douglass—from Slavery to Freedom: The Journey to New York, and Kansas City Jazz.

Black History Month Community Yoga. If you're used to taking yoga classes over Zoom, this free event will be right up your alley. Open to the BIPOC community, each class will be themed around what Black History Month means to the instructor, through the lens of their practice. Mon. - Fri 9 am. - 10 am

## HEALTH AND WELLNESS:

**WEST GEORGIA TECHNICAL COLLEGE STUDENT LIFE**

**YOUR BLOOD COULD SAVE A LIFE. MAKE A DIFFERENCE.**

**BLOOD DRIVE**

On February 22, 2021 10am-3pm  
WGTC Douglas Campus  
Building B Community Room

Walk-ins are welcomed, but an appointment is encouraged.  
To make an appointment visit:  
<https://www.redcrossblood.org/give.html/find-drive>

Walk-ins are welcomed, but insure your spot with an appointment:  
<https://www.redcrossblood.org/give.html/find-drive>

## WEEKLY WELLNESS TIP:

**February is National Cancer Prevention Month**

Did you know that 42% of cancer cases in the U.S. are preventable?



<https://www.cancercenter.com/>

## STUDENT LIFE SPOTLIGHT:

WGTC STUDENT LIFE PRESENTS

## ADULTING 101

Because life doesn't come with instructions



WEDNESDAY, FEBRUARY 10, 2021  
FINANCIAL PLANNING  
PRESENTATION PROVIDED BY CHARLES SHIVER  
OF EDWARD JONES INVESTMENTS

JOIN US VIRTUALLY @NOON THE SECOND WEDNESDAY OF EACH MONTH

**WEST GEORGIA TECHNICAL COLLEGE STUDENT LIFE**

SIGN UP HERE: <https://forms.gle/YD2NHZ2FRE413XTV5>

As set forth in its student catalog, West Georgia Technical College does not discriminate on the basis of race, color, creed, national or ethnic origin, sex, religion, disability, age, political affiliation or belief, genetic information, veteran status, or citizenship status (except in those special circumstances permitted or mandated by law). The following persons have been designated to handle inquiries regarding the non-discrimination policies: Equity (Title IX) Coordinator, Dean of Students, 770.755.7839, 200 Campus Drive, Newnan, GA 30263. ADA (Section 504) coordinator is V.P. of Administrative Services, 678.664.0533, 401 Adamson Square, Carrollton, GA 30117.

**Do you think to yourself, why doesn't ADULTHOOD come with a manual?**

If so, Student Life is providing a series of virtual webinars to help with those adulting woes. Adulting 101 will cover a variety of matters including work/life balance, preparing meals on a budget and marketing yourself for the career you want. These are all things we have to think about as we get older. So we are bringing the experts to you to talk about it.

For the month of February, we will host Adulting 101: Financial Planning on Wednesday, February 10, 2021 at noon. Charles Shiver, a Financial Advisor with Edward Jones Investments, will discuss topics like budgeting, saving for retirement and investing. If you want to find out about how to make your money for you, join us and let's learn together.

**Sign up here to receive the meeting information:**  
<https://forms.gle/yD2nhz2fRe413xTv5>

Interested in upcoming Health and Wellness Events?  
Click the link below to sign up for reminders

<https://forms.gle/PggDZ7FBePu5DsMK6>

## FIND OUT ABOUT WGTC STUDENT ORGANIZATIONS HERE:

[www.westgatech.edu/student-life/student-organizations](http://www.westgatech.edu/student-life/student-organizations)

Be sure to check your emails and WGTC social media accounts to receive current information about student orgs and activities.



**WGTC VIRTUAL CORNER:** Explore the history, arts and culture of Black experience in the United States [CLICK HERE](#)



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