# MARCH 8, 2021
# INTERNATIONAL WOMEN'S DAY

Observed annually, International Women's Day is a day of celebration and advocacy for women's rights and equality around the world!

## 5 Ways to Observe International Women's Day

### Support Women-Owned Businesses

Deliberately seek out local companies owned by women to purchase from and encourage your friends to do the same.

### Set up a virtual coffee date with women in your network

Let's take 30 minutes out of our busy lives and have meaningful conversations about career, leadership and other personal interest
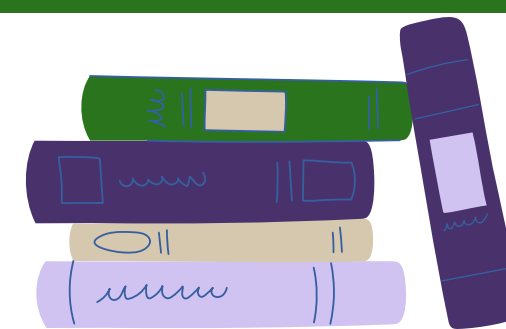Here are a few starter questions:
- How is your work life balance?
- Have you had mentors/role models that have positively influenced you? If so, how?
- What activities do you participate in outside of your job to network?

### Donate to Women's Nonprofits

Contribute to a nonprofit organization that provides services for women. Monetary donations are always appreciatied. However, volunteering time or a service is needed as well.

### Send an encouraging email to a female colleague, classmate, or friend

Empower a woman by telling her that she is doing a great job or encourage her by telling her that she can do and be anything she desires.
Be a cheerleader and motivator for a women today!

### Support Women Authors

Purchase or check out a book from your local library written by a woman and enjoy reading her story.
Here are some book ideas:
Becoming - Michelle Obama
Men Explain Things to Me - Rebecca Solnit
Lean In - Sheryl Sandberg
My Beloved World - Sonia Sotomayor

Find out more about IWD by visiting the website:
HTTPS://WWW.INTERNATIONALWOMENSDAY.COM/ABOUT

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