KNIGHT NEWS

CONNECT

FREE FOOD

WELCOME BACK STUDENTS

STOP BY THE WELCOME TABLES
MONDAY AUGUST 23 & TUESDAY AUGUST 24
10AM-6PM - ALL STUDENT CENTERS
PICK UP YOUR FREE SWAG & POPCORN

GROW

WELCOME BACK STUDENTS
Let's Grow Together this year at West Georgia Tech!
We've planned two weeks of FREE and FUN events for you!

CHECK OUT ALL WOW events by going to page 2.

HEALTH AND WELLNESS:

WEST GEORGIA TECHNICAL COLLEGE STUDENT LIFE

American Red Cross

SAVE A LIFE

PARTICIPATE IN OUR BLOOD DRIVES

August 23 - 10am-3pm
Carroll Campus
Room 212
Sponsor Code:
wgtc

August 24- Noon-5pm
Murphy Campus
Bremen Room
Sponsor Code:
wgtwaco

Important to know – all individuals at blood drives must wear a face mask regardless of vaccination status, effective Aug 9.

Walk-ins are welcomed, but an appointment is encourage
To make an appointment visit:
https://www.redcrossblood.org/give.html/find-drive

Interested in a fitness card?
Click on the link below to sign up!

https://www.westgatech.edu/student-life/health-and-wellness/

WEEKLY WELLNESS TIP:

HOW TO MAINTAIN MENTAL AND PHYSICAL HEALTH IN COLLEGE

- Get Enough Sleep
- Exercise Regularly
- Eat a Balanced Diet
- Make Time for Self-Care
- Recognize the Risks of Substance Use
- Value Sexual Health and Safety
- Become Health Literate

https://www.bestcolleges.com/blog/mental-physical-health-college/

STUDENT ORG SPOTLIGHT:

Learn about WGTC's

STUDENT ORGANIZATIONS

Complimentary Breakfast or Lunch provided by Student Life!

Wednesday, August 25, 2021

DONUT DELAY! JOIN A STUDENT ORG TODAY!
COWETA CAMPUS STUDENT CENTER
9:30AM-10:30AM
FREE COFFEE, DONUTS & STUDENT ORG INFO!

A SLICE OF THE STUDENT ORG LIFE
DOUGLAS CAMPUS STUDENT CENTER
12:00PM-1:00PM
FREE PIZZA & STUDENT ORG INFO!

Wednesday, September 1, 2021

DONUT DELAY! JOIN A STUDENT ORG TODAY!
CARROLL CAMPUS STUDENT CENTER
9:30AM-10:30AM
FREE COFFEE, DONUTS & STUDENT ORG INFO!

A SLICE OF THE STUDENT ORG LIFE
LAGRANGE CAMPUS STUDENT CENTER
12:00PM-1:00PM
FREE PIZZA & STUDENT ORG INFO!

Join a Student Oranization and get a FREE T-shirt!

WEST GEORGIA TECHNICAL COLLEGE STUDENT LIFE

CAN'T MAKE IT IN PERSON?
JOIN US VIRTUALLY, AUGUST 25TH AND SEPTEMBER 1ST
5:30PM - 6:30PM
ZOOM MEETING

Meeting ID: 977 2174 9978
Passcode: StuOrgs

As set forth in its student catalog, West Georgia Technical College does not discriminate on the basis of race, color, creed, national or ethnic origin, sex, religion, disability, age, political affiliation or belief, genetic information, veteran status, or citizenship status (except in those special circumstances permitted or mandated by law). The following persons have been

Reasons to join student orgs

Learn more about yourself!

Learn to work on a team

Develop Soft Skills

Networking Opportunities

Looks good on your résumé

Gain leadership skills

You'll have FUN

SO MUCH FUN

UPCOMING STUDENT ORGANIZATION MEETINGS :
Learn all about student organizations during WOW.
In the meantime, visit our student organization webpage here:
https://www.westgatech.edu/student-life/student-organizations/

WGTC CULTURAL CORNER: Did you know that outside gardening can help you after you've experienced stress, like starting college? Join us to pot your own succulent this week and relieve some stress!
https://www.healthline.com/health/healthful-benefits-of-gardening

WEST GEORGIA TECHNICAL COLLEGE STUDENT LIFE

Let's Grow Together

Welcome to WGTC! Let's Grow Together this year! Click on any of the dates below to find out more about each event!

WEEK ONE

AUGUST 21
WOMEN'S EXTRAVAGANZA
STUDENT LIFE WILL PAY FOR THE 1ST 100 PEOPLE TO SIGN UP!
CHECK YOUR STUDENT EMAIL FOR DETAILS

AUGUST 23 & 24
WELCOME TABLES - ALL CAMPUS STUDENT CENTERS
10:00AM - 6:00PM - WOW SWAG BOXES

AUGUST 25
JOIN A STUDENT ORG!

COWETA STUDENT CENTER
DONUT DELAY! JOIN A STUDENT ORG TODAY!
FREE DONUTS & SUDENT ORG INFO
9:30AM - 10:30AM

DOUGLAS STUDENT CENTER
SLICE OF THE STUDENT ORG LIFE
FREE PIZZA & STUDENT ORG INFO
12:00PM - 1:00PM

VIRTUAL STUDENT ORG INFO MEETING 5:30PM - 6:30PM
ZOOM MEETING - 977 2174 9978 PASSCODE: STUORGS

AUGUST 26
WAFFLE HOUSE FOOD TRUCK
LAGRANGE CAMPUS - PARKING LOT- 11:30AM - 1:30PM

WEEK TWO

AUGUST 30
POT YOUR OWN SUCCULENT!
MURPHY CAMPUS - STUDENT CENTER 9:00AM-10:00AM
CARROLL CAMPUS - STUDENT CENTER 2:00PM - 3:00PM

WAFFLE HOUSE FOOD TRUCK
CARROLL CAMPUS- PARKING LOT
11:30AM - 1:30PM

AUGUST 31
WAFFLE HOUSE FOOD TRUCK
COWETA - PARKING LOT 11:30AM - 1:30PM

POT YOUR OWN SUCCULENT!
COWETA - STUDENT CENTER 2:00PM - 3:00PM

SEPTEMBER 1
JOIN A STUDENT ORG!

CARROLL STUDENT CENTER
DONUT DELAY! JOIN A STUDENT ORG TODAY!
FREE DONUTS & STUDENT ORG INFO
9:30AM - 10:30AM

LAGRANGE STUDENT CENTER
SLICE OF THE STUDENT ORG LIFE
FREE PIZZA & STUDENT ORG INFO
12:00PM - 1:00PM

VIRTUAL STUDENT ORG INFO MEETING
5:30PM - 6:30PM
ZOOM MEETING - 977 2174 9978
PASSCODE: STUORGS

POT YOUR OWN SUCCULENT!
LAGRANGE CAMPUS - STUDENT CENTER
2:00PM - 3:00PM

SEPTEMBER 2
WAFFLE HOUSE FOOD TRUCK
DOUGLAS - PARKING LOT 11:30AM - 1:30PM

POT YOUR OWN SUCCULENT!
DOUGLAS - STUDENT CENTER 2:00PM - 3:00PM