# Knight Life

Your Bi-Weekly Student Life Newsletter FRIDAY, AUGUST 29, 2025

#### **BI-WEEKLY WELLNESS TIP**

As we begin the fall semester, we tend to feel overwhelmed with trying to balance work, school and personal lives. Please click the image to find tips to help you successfully navigate the challenges of having to balance it all



### **WEEKS OF WELCOME RECAP**

On Behalf of the Student life Department, we want to thank the 800+ students we saw at WEEKS OF WELCOME! We are thrilled that you enjoyed the various food trucks, making bouquets, stuffing your new little animals and creating beautiful jewelry! WELCOME TO OR BACK TO WGTC!





#### CAPS

"Childcare and Parent Services, Parent-Student Pilot program has begun! This is an opportunity for FREE childcare scholarships. Students from ALL campuses may apply and participate. However, the in-person consultants are located and may be visited at the Carroll and Douglas campuses. Consultants are available on a walk-in basis Tuesdays 9:30 a.m.-2:30 p.m. For inquiries contact, Special Populations Coordinator, Donna Boyd-Gomez at <a href="mailto:Donna.Boyd@westgatech.edu">Donna.Boyd@westgatech.edu</a>."



#### STUDENT COUNSELING CONNECTION



WGTC Student Counseling Connection offers confidential counseling and much more for our students.

<u>Click here to find out about Student Counseling Connection:</u>
<a href="https://www.westgatech.edu/student-life/student-counseling-connection/">https://www.westgatech.edu/student-life/student-counseling-connection/</a>

## STUDENT ORG SPOTLIGHT

Looking to engage with peers or network? WGTC has 10 active Student Organizations. Find the right one for you and JOIN TODAY! We'd love to have you!





