## RE-POWER HOUR

Take a moment or an hour to unwind and focus on your mental and emotional well-being.







JOIN US IN THE STUDENT CENTER FOR COLORING, JOURNALING, STUFF-A-PLUSH, AND REFRESHMENTS!

12:00 P.M. TO 1:00 P.M.

WEDNESDAY, FEBRUARY 22, 2023

CARROLL • COWETA • MURPHY

THURSDAY, FEBRUARY 23, 2023

**DOUGLAS • LAGRANGE** 

